



Red Cross Wilderness and Remote First Aid Training

American Red Cross
Together, we can save a life

Joplin, MO

www.BSAWildernessFirstAid.com

The cost of this course is \$90. This fee includes:

- All Red Cross course manuals and reference guides
- First Aid Training supplies and course kit
- All forms and worksheets used in scenarios
- Final examinations and registration with Red Cross
- 2 year Red Cross Wilderness and Remote First Aid Certification & Card (if exam passed)
- Cracker Barrel on Friday night

If you **are** taking this for BSA certification:

- you must bring a completed Annual BSA Health and Medical Record (Part A & B) and all medications you will require for the weekend.

If you **are not** taking this course for BSA certification:

- you will need to complete the health form found on this website and bring it with you on arrival along with all medications you will require for the weekend.

Please review the document Health Precaution and Guidelines During Training. Health forms will be kept by instructors and not returned.

If you are allergic to any food or insect you must bring a current epi-pen. If you are diabetic, you must bring your medication/insulin supplies and ice-chest to keep them refrigerated. Additional ice will be available if needed.

Specialized medical equipment will be transported from the parking area to the training site for you.

Wilderness and Remote First aid is designed to provide a foundation of first aid principles and skills that will allow you to respond to emergencies, and give care, in areas that do not have immediate emergency medical services (EMS) response. This includes wilderness and remote environments, or urban disasters response including events such as tornados, earthquakes and hurricanes.

Prerequisites to participate or receive your certification in this course are:

- Be at least 14 years old on or before the last day of the class
- Possess a current adult CPR/AED certificate. If you do not have a current CPR/AED certificate you may participate in the class but your certification will not be submitted until you have provided evidence that the CPR/AED certification is received.

What You Need To Know:

This Red Cross Wilderness and Remote First Aid course will be unlike any previous Red Cross Basic First Aid course you have taken, and consists of a minimum of 16 hours of instruction.

- Friday evening 8:00 p.m. through 10:00 p.m.
- Saturday 8:30 a.m. until 8:00 p.m.
- Sunday 8:30 a.m. until 4:00 p.m.

There are 15-minute breaks after every 2 hours of instruction and 1 hour designated for Saturday and Sunday lunches.

The following is a list of the **training conditions that you must be aware of** that make this course unique:

1. This course is taught completely outside in a 20-acre wilderness environment located between Carthage and Joplin, MO. If it rains you'll get wet, if it's hot you will sweat. Come prepared. Just like an actual wilderness or remote first aid emergency, the class doesn't stop if the weather goes sour.

2. You will hike into the training location and camp for the entire duration of the course. Bring shelter, cooking gear, food, water, and personal first aid kit, everything you would normally take on a weekend or weeklong backpacking trip. All your gear has to fit in your backpack. The hike to the training/campsite may exceed .5 miles for some courses. Please review the MINIMUM Gear Requirements document for equipment that you must bring with you.
3. Depending on the season the woods are shared with ticks, mosquitoes, spiders and snakes, including copperhead and water moccasin, so please be alert and prepared to camp 'smart'.
4. The course makes use of realistic training scenarios and moulage.
5. Successful course completion requires participation in ALL course activities and skill sessions.
6. Some practice sessions will require strenuous physical activity including hiking on uneven terrain.
7. There will be potable water provided at the site to refill your personal water containers.
8. Rustic latrine facilities will be available at the site
9. Cell phone coverage at the site may be available but is not guaranteed

Upon successful completion of the Red Cross Wilderness and Remote First Aid course, you will receive a Red Cross certificate indicating Wilderness and Remote First Aid, which is valid for 2 years.

You will be one of 6 to 10 participants taking the course during the weekend. The first class session begins on Friday night at 8:00 p.m. Please arrange to arrive at the participant parking area no later than 6:30 p.m. to allow time to check in, hike to campsite and set up tents.

Once you are confirmed in the class you will be sent a Goggle Map link via email that will indicate the participant parking area. For participant security, the location of the parking and training area is not made available to the general public, however it will be provided to each participant and family in advance of the course date.

If you need additional information please do not hesitate to send an email to info@BSAWildernessFirstAid.com . All correspondence sent to this address will be immediately forwarded to both the course instructors listed below.

Welcome to Red Cross Wilderness and Remote First Aid.

Regards,

Curtis Ware
*Red Cross Wilderness and
Remote First Aid Instructor*

Dan Webber
*Red Cross Wilderness and
Remote First Aid Instructor*